



HYGIENE PROTOCOLS

It is vital that good hygiene remains a priority for all netball participants and that the following guidelines are observed in addition to <u>mask wearing requirements</u>:

- Avoid close contact with people who are unwell
- Stay home and seek medical treatment when you are unwell
- Follow Government RAT/PCR testing protocols if you are displaying COVID symptoms
- Practice physical distancing of 1.5m
- Avoid touching your eyes, nose and mouth
- Cover your mouth with the pit of your elbow to cough or sneeze
- Wash your hands often with soap and water for at least 20 seconds if soap and water are not available, please use an alcohol-based hand sanitiser
- Bring your own water bottle and DO NOT SHARE with anyone
- No sharing of food



Netball WA recommends the use of the Service WA App to assist the return of netball.